

VISTA UNIFIED SCHOOL DISTRICT

Administrative Regulations for Board Policy No. 6024: PHYSICAL EDUCATION

PHYSICAL EDUCATION

- I. Instruction in physical education shall be provided for a total period of time of not less than 100 minutes each 10 school days for Kindergarteners, not less than 200 minutes each 10 school days for students in grades 1-6, and not less than 400 minutes each 10 school days for students in grades 7-12 unless otherwise exempted. (Education Code 51210, 51222)
 - A. District-wide implementation and support of a standards-based physical education curriculum for K-12 students, i.e. SPARK.
 - B. All site administrators shall maintain records of mandated PE minutes, i.e. maintain a master schedule for use of physical education facilities (gym, field, blacktop, etc.) or track PE time for teachers.

- II. In the fall, parents of students in grades 5, 7, and 9 will be notified of the components of the physical performance testing. During the month of February, March, April or May, students in grades 5, 7, and 9 shall undergo the physical performance testing designated by the State Board of Education and may include the Presidential Fitness Test*. Students with a physical disability and students who are physically unable to take the entire test undergo as much of the test as their physical condition will permit. (Education code 60800)

*Presidential Physical Fitness Test: For decades, the Presidential Physical Fitness Test has served as a strong incentive for promoting fitness through its award program. The Presidential Test correlates closely to the items tested in the state mandated physical performance test (California Fitness-gram). Teachers are encouraged to conduct both tests concurrently because they overlap and the Presidential Test provides incentive awards.

Note: Education Code 60800, as amended by SB 78 (Ch. 459, Statues of 2003), authorizes districts to provide students with their test results orally as students complete the testing.

- III. Students shall be provided with their individual results after completing the physical performance testing. The test results may be provided orally as the student completes the testing. (Education Code 60800)

- IV. Each student's scores on the physical performance test shall be included in his/her cumulative record. (5 CCR 1044)