

Mission Vista High School - Menu 2012

Lunch includes: choice of 1 entrée, 1 milk, fruit & vegetables for ... \$2.75

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>ENTREES</u>	Nino's Pizza	Orange Chicken	Popcorn Chicken	Pizza Stix	Chicken Chunks
Students	Southwest Salad	Chicken Caesar Salad	Taco Salad	Chicken Caesar Salad	Chinese Chicken Salad
MUST	Chicken Sandwich	Grilled Cheese	Burrito	Chicken Patty	Cheeseburger
take	Ham/Turkey Sub	Cheeseburger	Ham/Turkey Sub	Corn Dog	Turkey Sub
1 Entrée	Smucker's PBJ	Ham/Turkey Sub	Smucker's PBJ	Ham/Turkey Sub	Ham/Turkey Sub
		Smucker's PBJ	Burger Twins	Smucker's PBJ	Hot Dog
		Yogurt		Yogurt	
Fruit	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice	Fruit Choice
Veggies	Veggie Choice	Veggie Choice	Veggie Choice	Veggie Choice	Veggie Choice
Milk	1% White Milk	1% White Milk	1% White Milk	1% White Milk	1% White Milk
	Non Fat Chocolate	Non Fat Chocolate	Non Fat Chocolate	Non Fat Chocolate	Non Fat Chocolate
Extras	ABC Cheez its	Baked Cheetos	Goldfish	Belly Bears	Baked Cheetos

This institution is an equal opportunity provider

Menu Subject to Change

Fruit Choices: apples, grapes, pears, bananas, peaches, oranges. **Vegetable Choices:** lettuce, broccoli, cauliflower, carrots, cucumbers, celery, tomatoes.

To Qualify as a reimburseable meal, each student must select one entrée plus one side dish or a milk. Students may select an additional 1 or 2 side dishes.

Condiments do not count as a component of a reimburseable meal. Condiments include: Ketchup, Mustard, Salsa, Ranch Dressing, Jalapeno Slices.

Breakfast Menu

Breakfast includes: choice of 1 hot item or cereal, 1 milk, 1 juice and fruit for ... \$1.50

<u>Entrees</u>	Breakfast Burrito	Sausage & Ch. Muffin	Breakfast Burrito	Ham & Cheese Muffin	Breakfast Burrito
	Honey Bun		Honey Bun		Pan Dulce
	Chocolate Muffin	Pan Dulce	Blueberry Muffin	Chocolate Muffin	Banana Muffin
	Yogurt w/ Cracker	Yogurt w/ Cracker	Yogurt w/ Cracker	Yogurt w/ Cracker	Yogurt w/ Cracker
	Benefit/UBR bar	Benefit/UBR bar	Benefit/UBR bar	Benefit/UBR bar	Benefit/UBR bar
	Cereal	Cereal	Cereal	Cereal	Cereal
	Fruit, Juice, & Milk	Fruit, Juice, & Milk	Fruit, Juice, & Milk	Fruit, Juice, & Milk	Fruit, Juice, & Milk